

**Instructor: Natalie Pusateri, PT, MPT**

**About Natalie:**

Natalie Pusateri, MPT has been a physiotherapist for more than 15 years and has a national certification in treating vestibular disorders. She has dedicated her career to treating those with dizziness and imbalance as well as the dizziness and imbalance community, sitting on several boards and obtaining additional specialties in the area of Parkinson's, amputees, and MS.

In addition to patient care, Natalie has devoted time to educating both the public and her peers. She has spent the last decade speaking everywhere from senior groups to the American Physical Therapy Association on the topics of vestibular disorder and balance as well as preventing falls in the elderly.

She also traveled the United States providing a 2 day course on treating balance and vestibular disorder. With her move from St. Louis in 2010, Natalie brought her passion for serving this need in the population to Toronto. She is now working at both University of Toronto and Toronto Rehabilitation. She continues to give courses on treating balance and vestibular disorders throughout the GTA.

**Registration Form:**

Name: \_\_\_\_\_

Health Profession: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Tel #: \_\_\_\_\_

Email: \_\_\_\_\_

**Space is limited so please register early.**

**Early Bird (Until Jan. 10<sup>st</sup>):**

**\$325+HST=367.25,**

**Course Fee: \$350+HST= \$395.50**

\*Includes lunch

**Payable Cheque to: York Rehab**

**Fax Registration form to: (905) 715 7037**

**Call for phone payment: (905) 715 7201**

**Cancellation Policy:** Until Jan.29<sup>th</sup>, 2018 – full refund less \$25 administration fee

**Treating Vestibular & Balance Disorders**

**Course Dates:**

**February 10<sup>st</sup>, 2018  
February 11<sup>nd</sup>, 2018**

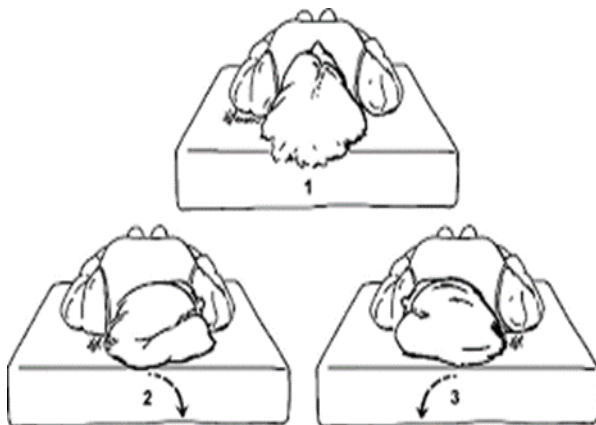
**Course Location:**

**York Rehab Associates  
730 Davis Drive  
Newmarket, ON.  
L3Y 2R4**



## Course Purpose:

To familiarize clinicians with vestibular and non-vestibular causes of imbalance and dizziness and to learn how to assess and treat these dysfunctions. This course is appropriate for (but not limited to) any physiotherapist/assistant treating MSK (trauma, orthopedic...), ABI geriatrics, SCI, Stroke, Long Term Care.



## Day I - Agenda

- 8:30 – 9:00 Registration & Sign-in
- 9:00 – 9:45 Anatomy & Physiology of Vestibular System
- 9:45 – 10:00 PT Treatment Theory (compensation, adaptation, substitution)
- 10:15 – 10:45 The Role of Vestibular System in Postural Control
- 10:45 – 11:00 Break
- 11:00 – 12:00 Vestibular Hypofunctions (Diagnoses): Peripheral, Central, Non-Vestibular
- 12:00 – 12:45 LUNCH
- 12:45 – 1:15 Vestibular Function Tests & Medical Management
- 1:15 – 2:00 Physical Therapy Assessment of Vestibular Hypofunction
- 2:00 – 2:30 Balance & Gait Assessment
- 2:30 – 2:45 Break
- 2:45 – 4:30 Demonstration & Practice
- 4:30 – 5:00 Questions/Wrap-up

## Day II - Agenda

- 9:30 – 10:00 Special Considerations when Evaluating the Geriatric Patient
- 10:00 – 11:30 Strategies for Intervention: UVL, BVL, Central/Non-Vestibular Dysfunction & BPPV
- 11:30 – 12:30 LUNCH
- 12:30 – 2:30 Practice
- 2:30 – 3:15 Case Studies
- 3:15 – 3:45 Questions/ Wrap-up

